

ADK Hospital Medical Checkup Packages		BASIC CHECKUP	EXECUTIVE CHECKUP	SPORTS CHECKUP	DIABETIC CHECKUP	THALASSAEMIA CHECKUP	WOMEN'S CHECKUP	ELDERLY CHECKUP	CANCER CHECKUP
		MVR 3,500	MVR 4,500	MVR 3,000	MVR 4,500	MVR 5,500	MVR 4,500	MVR 6,000	MVR 4,000
Initial Consultation	Weight	▪	▪	▪	▪	▪	▪	▪	▪
	Height	▪	▪	▪	▪	▪	▪	▪	▪
	Body Mass Index	▪	▪	▪	▪	▪	▪	▪	▪
	Pulse/Heart rate	▪	▪	▪	▪	▪	▪	▪	▪
	Respiratory rate	▪	▪	▪	▪	▪	▪	▪	▪
	Blood Pressure	▪	▪	▪	▪	▪	▪	▪	▪
	Pulse Oximetry	▪	▪	▪	▪	▪	▪	▪	▪
	History	▪	▪	▪	▪	▪	▪	▪	▪
	Physical examination	▪	▪	▪	▪	▪	▪	▪	▪
Basic Blood Profile	Complete Hemogram + ESR	▪	▪	▪	▪	▪	▪	▪	▪
	Blood group	▪	▪	▪	▪	▪	▪	▪	▪
	Serum Iron		▪			▪	▪	▪	▪
	Serum Ferritin		▪			▪	▪	▪	▪
Basic Diabetes Profile	Fasting Blood Sugar	▪	▪	▪	▪	▪	▪	▪	▪
	Post-Prandial Blood Sugar		▪	▪	▪	▪		▪	
	Glycosylated hemoglobin (HbA1c)		▪		▪			▪	
	Urine for microalbumin		▪		▪			▪	
Basic Renal Profile	Serum urea	▪	▪	▪	▪	▪	▪	▪	▪
	Serum creatinine	▪	▪	▪	▪	▪	▪	▪	▪
	Blood Urea Nitrogen		▪		▪			▪	
	Serum Uric Acid		▪		▪			▪	
	Serum Sodium	▪	▪	▪	▪	▪	▪	▪	▪
	Serum Potassium	▪	▪	▪	▪	▪	▪	▪	▪
	Serum Chloride		▪	▪	▪			▪	
	Urine R/E	▪	▪	▪	▪	▪	▪	▪	▪
Lipid Profile	Serum Cholesterol	▪	▪	▪	▪	▪	▪	▪	▪
	High Density Lipoprotein (HDL)	▪	▪	▪	▪	▪	▪	▪	▪
	Triglycerides	▪	▪	▪	▪		▪	▪	
	Cholesterol/HDL ratio		▪		▪		▪	▪	
	Low Density Lipoprotein (LDL)		▪		▪		▪	▪	
	Very Low Density Lipoprotein (VLDL)		▪		▪		▪	▪	
Liver Profile	Total Bilirubin	▪	▪	▪	▪	▪	▪	▪	▪
	Direct Billirubin		▪			▪	▪	▪	
	Albumin	▪	▪	▪	▪	▪	▪	▪	▪
	Globulin		▪		▪	▪	▪	▪	▪
	A/G ratio		▪		▪	▪	▪	▪	▪
	Total serum protein		▪			▪		▪	
	Alkaline Phosphatase	▪	▪	▪	▪	▪	▪	▪	▪
	AST	▪	▪	▪	▪	▪	▪	▪	▪
	ALT	▪	▪	▪	▪	▪	▪	▪	▪
	Gamma GT	▪	▪		▪	▪	▪	▪	▪
	PT		▪	▪	▪	▪	▪	▪	▪
	APTT		▪	▪	▪	▪		▪	
INR		▪	▪	▪	▪		▪		
Thyroid & Parathyroid Profile	Total T3		▪	▪	▪	▪	▪	▪	
	Total T4	▪	▪	▪	▪	▪	▪	▪	
	TSH	▪	▪	▪	▪	▪	▪	▪	
	PTH		▪			▪		▪	
	25-OH-Vitamin D		▪	▪	▪	▪	▪	▪	
	Serum Calcium	▪	▪	▪	▪	▪	▪	▪	▪
	Serum Phosphorous		▪			▪		▪	

Basic Stool tests	Stool R/E		▪					▪	
	Stool for Occult Blood *50yrs +		▪					▪	▪
Special Serology	HBsAg + HBs Ab (Eliza)	▪	▪	▪	▪	▪	▪	▪	
	Hepatitis C					▪			
	HIV	▪	▪	▪	▪	▪	▪	▪	
	PSA (Men Only) *50yrs +		▪		▪			▪	▪
	PRP		▪	▪		▪	▪	▪	
Radiology	Chest Radiograph	▪	▪	▪	▪	▪	▪	▪	▪
	Ultrasound Whole Abdomen	▪	▪	▪	▪	▪	▪	▪	▪
	Mammogram (Female Only) *40yrs +		▪					▪	▪
	Bone Densitometry (LS & Hip)		▪	▪		▪	▪	▪	
	CT Cardiac Angiography							▪	
	MRI Liver Iron T2*					▪			
	MRI Cardiac Iron T2*					▪			
Ophthalmology	Basic Eye Examination	▪	▪	▪	▪	▪	▪	▪	
	Ishihara Color Vision Test	▪	▪	▪	▪	▪	▪	▪	
	Visual Acuity	▪	▪	▪	▪	▪	▪	▪	
	Ocular Tonometry		▪	▪	▪	▪	▪	▪	
	Fundus Examination		▪	▪	▪	▪	▪	▪	
Audiology	Audiometry		▪	▪	▪	▪	▪	▪	
Pulmonary Function Tests	Spirometry		▪	▪	▪		▪	▪	
Cardiac Assessment	Ambulatory Blood Pressure		▪	▪	▪	▪	▪	▪	
	ECG	▪	▪	▪	▪	▪	▪	▪	
	Echocardiography		▪	▪	▪	▪		▪	
	TMT		▪	▪	▪			▪	
Special Diabetes Test	Biothesiometry				▪				
	Cold/Warm Perception Threshold Test				▪				
	10GM Monofilament Test				▪				
	Ankle-Brachial Index				▪				
	Platar Pressure System Study				▪				
	Autonomic Function Testing				▪				
	Electric Podiatry Filing				▪				
Special Women's Examinations	Pap Smear (Female Only) *21yrs +		▪				▪	▪	▪
	Pelvic Examination (Female Only) *21yrs +		▪				▪	▪	▪
Specialist Reviews	Physician	▪	▪	▪	▪	▪	▪	▪	▪
	General Surgeon						▪	▪	▪
	Gynaecologist (Female Only)						▪	▪	▪
	Endocrinologist				▪	▪		▪	
	Cardiologist		▪	▪	▪	▪		▪	